

# FBCQ CHURCH CAMP JUN 24-28, 2019

## PARENT INFORMATION

### PREPARING FOR CAMP

**REGISTER ONLINE TO RESERVE YOUR SPOT** [app.campdoc.com/register/mt-lebanon](http://app.campdoc.com/register/mt-lebanon)

**REQUEST A FULL OR PARTIAL SCHOLARSHIP IF NEEDED** Molly Murphy (903) 497-0513

**WHAT TO BRING** Labeling all items with camper's name is recommended.

**Clothing** must be modest. Shorts and t-shirts can be worn to all activities. No spaghetti straps, low-cut shirts at the neck or arms or inappropriate imprints.

**Short sleeve t-shirts** (6-7)

**Shorts** (4-5)

**Athletic Shoes** required during all recreation.

**Long Pants/Jacket** in case of rain/cool temps

**Socks**

**Underwear**

**Pajamas**

**Swim Suit** must be modest.

**Girls** no bikinis or revealing swimwear. Two-piece tankinis that cover midriff are permitted. Camper may be asked to wear a dark colored t-shirt over suit to swim, if considered inappropriate.

**Boys** no cut-offs or revealing swimwear

**Swim Suit Cover-up** *optional* - girls must wear clothes or cover-up to & from pool

**Wet Shoes or Flip Flops** for showering

**Bible** that doesn't have sentimental value, in case it is lost or damaged.

**Small Bag** to carry Bible, towel, sunscreen, etc.

**Swim towel**

**Bath towel/wash cloth**

**Toothbrush/toothpaste**

**Soap/shampoo**

**Deodorant** if needed

**Flashlight** *optional*

**Insect repellent** *optional*

**Sunscreen** *optional*

**Laundry Bag** or trash bag for dirty clothes

**Bedding** for twin-sized bed. Pillow, sheets and blanket or sleeping bag.

**Snacks** *optional* - Please pack in ziplock bags to prevent pests from getting into food.

**MEDICATION** All medication must be in original pharmacy container. All medication and a **Mt. Lebanon Medication Chart** (provided by FBCQ) must be in a heavy-duty, quart-sized Ziploc bag, labeled with **camper's name** and **First Baptist Quitman** in permanent marker.

**SPENDING MONEY** *OPTIONAL* - Campers are solely responsible for money they bring.

**Gift Shop** 25¢-\$20

**Crafts** at Camp Chuata 50¢-\$5

**Camp Personalities'** CDs, t-shirts, etc. \$5 - 20

**Vending Machines** \$1-5

### WHAT NOT TO BRING

**Electronics** including but not limited to cell phones, TV, video games, tablets, etc.

**Weapons** guns, knives, etc.

**Miscellaneous** no fireworks, shaving cream, skate boards, scooters, etc.

**DIETARY NEEDS** Mt. Lebanon has limited dietary and nutrition assessment services and personnel may not be able to provide individual, customized meal plans for special dietary needs. Please contact church representative to address any dietary needs prior to camp.

**FOOD ALLERGIES** The risk of accidental exposure to **food allergens** may be present. Camp staff, parents and campers themselves should work cooperatively to minimize the risk.

### TRAVEL FOR CAMP

**IMPORTANT** Campers must stay home if they are currently experiencing, or have experienced 2 days before arriving at camp, any fever or stomach virus symptom such as vomiting or diarrhea.

**VAN DEPARTURE FROM FIRST BAPTIST QUITMAN** Monday, July 24 at 7:45AM

Please arrive at 7AM to check in and load luggage.

**VAN RETURN TO FIRST BAPTIST QUITMAN** Friday, July 28 at Noon

Campers will call parents during the return trip to confirm the arrival time.

### WHILE AT CAMP

**PRAYER** Church camp is full of fun and fellowship, but most importantly, a time for children to grow in their relationship with God. Please pray for your camper and their leaders.

**CLOSED CAMP** No visitors are allowed at camp, with the exception of church staff. Due to camp regulations, no unregistered minors are allowed at camp, even those of church staff members.

**DINING SERVICES** Three meals are provided each day. The risk of accidental exposure to **food allergens** may be present. Camp staff, parents and campers themselves should work cooperatively to minimize the risk.

**DISCIPLINE** Camp dean is responsible for overall camp discipline. Church shepherds are responsible for all supervision, enforcement of all rules and conduct of their campers.

**HEALTH CENTER** All medications must be turned in to the Camp Health Center to be kept & dispensed there.

**In case of serious injury or illness,** the health supervisor will call the parent to determine if a camper should be taken to a doctor or hospital. If the parent wishes for the camper to be taken to the doctor or hospital, a copy of his or her registration form will be sent with the church leader and camper. Parents will be asked to meet the church leader and camper if necessary at the hospital or doctor's office.

### HOW TO REACH YOUR CAMPER

Campers will be permitted to call home as time allows.

**First Baptist Church Lead Shepherd**  
Molly Murphy (903) 497-0513

**Camp Emergency Only**  
8AM-5PM (972) 291-7156  
5PM-8AM (972) 489-0325

**Health Center** all hours  
(972) 291-6045

